































Orange Shirt Day and National Truth and Reconciliation Day Calendar of Learning Opportunities

This calendar of learning opportunities consists of 94 unique learning opportunities to align with the 94 Truth and Reconciliation Commission's Calls to Action (see September 30th to learn more!). Each learning opportunity is represented by a symbol that is hyperlinked to that resource. See the legend on page 2 to interpret the meaning of these symbols. A list of all of these learning opportunities can be found below the legend. Please engage with as many of these learning opportunities this month as you can!















Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 	2 	3 	4 	5 
6 	7 	8 	9 	10 	11 	12 
13 	14 	15 	16 	17 	18 	19 
20 	21 	22 	23 	24 	25 	26 
27 	28 	29 	30 Orange Shirt Day 			

Questions? Contact the Human Rights and Inclusion Team at inclusion@hpsc.ca



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Calendar Legend

Themes of Learning Activities	Symbols	Themes of Learning Activities	Symbols
Orange Shirt Day and where to buy an Orange Shirt		Artists	
Courses, classes and workshops		Media	
How to talk to children and youth		Social Media	
Books for children and youth		Culture	
Books for adults		Indigenous nations and organizations	
Health-related articles		Maps	
Reports		Resources within HHS	



























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All Learning Opportunities


























#	Symbol	Learning Opportunity	#	Symbol	Learning Opportunity
1		Where to purchase an orange shirt for Orange Shirt Day: https://www.vanmag.com/Where-to-Purchase-Orange-Shirts-for-Canada-Day Please note: shirts are sold out as of publication of this calendar. Stock may be replenished prior to September 30 th .	48		Film from the Canadian Media Association: The Unforgotten: https://theunforgotten.cma.ca/film/
2		Where <u>not</u> to purchase an orange shirt for Orange Shirt Day: https://toronto.citynews.ca/2021/06/08/shame-on-them-residential-school-survivor-on-fake-sites-selling-orange-t-shirts/	49		HHS Indigenous Cancer Navigator Brochure: https://www.hamiltonhealthsciences.ca/aboriginal-navigator-juravinski-cancer-centre/
3		How to talk to children and youth about residential schools: https://www.cbc.ca/news/canada/british-columbia/how-to-talk-to-kids-about-residential-schools-1.6052966	50		Inuit throat-singing sisters Karin and Kathy Kettler: https://www.youtube.com/watch?v=DLMlkjYe0U
4		Canadian Human Rights Tribunal on First Nations Child Welfare: https://cwrp.ca/canadian-human-rights-tribunal-first-nations-child-welfare	51		Documentary Spirit to Soar: https://boxoffice.hotdocs.ca/websales/pages/info.aspx?evtinfo=141755~367cbc04-eb03-453a-90f8-88ca48c4cf79&ep=1
5		Purchase an orange shirt here – Tribal Roots Imports: https://tribalrootsimports.com/product/orange-shirt-day-pin/ Please note: shirts are sold out as of publication of this calendar. Stock may be replenished prior to September 30 th .	52		Hamilton Regional Indian Centre: https://www.hric.ca/
6		The Moccasin Identifier Project: https://moccasinidentifier.com/about/	53		COVID-19 and Indigenous Health and Wellness: Our Strength is in our Stories: https://rsc-src.ca/en/research-and-reports/covid-19-policy-briefing/indigenous-health-and-wellness/covid-19-and-indigenous
7		Mississaugas of the Credit First Nation: http://mncfn.ca/ Please note: launch in Google Chrome, not Internet Explorer	54		Inuksuk: https://arctickingdom.com/what-is-an-inukshuk/
8		Purchase an orange shirt here – Orange Shirt Day: https://www.orangeshirtday.org/shirts--gifts.html	55		First Nations Indigenous Peoples Atlas of Canada: https://indigenouspeoplesatlasofcanada.ca/section/first-nations/
9		Indigenous Canada Course: https://www.coursera.org/learn/indigenous-canada	56		Emma Stevens – Blackbird by the Beatles sung in Mi'kmaq: https://www.youtube.com/watch?v=99-LoEkaa3w
10		Creating conditions for Canadian Aboriginal health equity: the promise of healthy public policy: https://publichealthreviews.biomedcentral.com/articles/10.1186/s40985-016-0016-5	57		@sixnationsmatters - Haudenosaunee values and principles guide and strengthen our Six Nations community, programs and services, now and for the next Seven Generations: https://www.instagram.com/sixnationsmatters/?hl=en
11		<i>Phyllis' Orange Shirt</i> by Phyllis Webstad: https://hpl.bibliocommons.com/v2/record/S125C502291	58		Metis Women's Circle: http://metiswomenscircle.ca/

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12		Out of Sight: Interim Report of the Sinclair Working Group: http://ignoredtodeathmanitoba.ca/index.php/2017/09/15/out-of-sight-interim-report-of-the-sinclair-working-group/	59		<i>Sugar Falls: A Residential School Story</i> by David Robertson: https://hpl.bibliocommons.com/v2/record/S125C698971
13		Indigenous Languages (including videos): https://www.thecanadianencyclopedia.ca/en/article/aboriginal-people-languages	60		National Collaborating Centre for Indigenous Health: https://www.nccih.ca/en/
14		Purchase an orange shirt here – 49dzine: https://49dzine.ca/collections/orange-campaign-shirts	61		Government of Canada Maps: https://www.rcaanc-cimac.gc.ca/eng/1605796533652/1605796625692
15		<i>Stolen Words</i> by Melanie Florence: https://hpl.bibliocommons.com/v2/record/S125C407980	62		How to talk to children and youth about residential schools: https://www.youtube.com/watch?v=pXfJYnqtU5k
16		One Dish, One Mic radio show: http://1dish1mic.com/	63		Reclaiming Power and Place: The Final Report of the National Inquiry into Missing and Murdered Indigenous Women and Girls: https://www.mmiwg-ffada.ca/
17		Mobile Cancer Screening Coach: https://www.hamiltonhealthsciences.ca/areas-of-care/cancer-care/mobile-cancer-screening-coach/	64		Orange Shirt Day Live Book Launch with Phyllis Webstad – 2:00pm: https://medicinewheel.education/pages/btoss
18		Cris Derksen – Pow.Wow.Wow: https://www.youtube.com/watch?v=nV4ls-4uGuQ	65		<i>These Are My Words: the Residential School Diary of Violet Pesheens</i> by Ruby Slipperjack: https://hpl.bibliocommons.com/v2/record/S125C343102
19		Land Acknowledgement One-Pager: https://hub.hhsc.ca/yourhhs/hr/human-rights-inclusion/Documents/HHS%20Land%20Acknowledgement%20One-Pager%20-%20Printable.pdf	66		Jay Havens: https://www.jayhavens.me/
20		Indigenous Canada playlist on Spotify: https://open.spotify.com/playlist/6yv9X06nfGFZ8QFRsCylzV	67		Smudging: https://www.youtube.com/watch?v=Z4UolyHKEExk
21		Jeremy Dutcher – Honour Song: https://open.spotify.com/playlist/6yv9X06nfGFZ8QFRsCylzV	68		Grandmother's Voice: https://www.grandmothersvoice.com/
22		Social Determinants of Health Inequities in Indigenous Canadians Through a Life Course Approach to Colonialism, and the Residential School System: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6657289/	69		Breaking down the barriers Indigenous people face in Canada's health-care system: https://www.patientsafetyinstitute.ca/en/toolsResources/Member-Videos-and-Stories/Pages/breaking-down-the-barriers-indigenous-people-face-in-canadas-health-care-system.aspx
23		Dream Catchers: https://www.nativeamericanvault.com/pages/legend-of-the-dreamcatcher	70		Haudenosaunee Health Services: https://haudenosauneehealth.ca/
24		Six Nations of the Grand River: https://www.sixnations.ca/	71		<i>Moccasin Square Gardens</i> by Richard Van Camp: https://hpl.bibliocommons.com/v2/record/S125C487048


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25		<i>I Am Not a Number</i> by Jenny Kay Dupuis: https://hpl.bibliocommons.com/v2/record/S125C352321	72		Tracey Anthony: http://www.visionartworks.ca/Home.html
26		<i>A Mind Spread Out on the Ground</i> by Alicia Elliott: https://hpl.bibliocommons.com/v2/record/S125C482680	73		Four Sacred Medicines: https://www.facebook.com/cbcunreserved/videos/four-sacred-medicines-irene-young/1153663004657891/
27		@Inuktitut_ilinniaqta - A community-led Inuktitut learning resource: https://www.instagram.com/inuktitut_ilinniaqta/?hl=en	74		<i>They Called Me Number One: Secrets and Survival at An Indian Residential School</i> by Bev Sellars: https://hpl.bibliocommons.com/v2/record/S125C225123
28		<i>A Stranger at Home</i> by Christy Jordan-Fenton: https://hpl.bibliocommons.com/v2/record/S125C188880	75		@mcfirstnation - the official account of the Mississaugas of the Credit First Nation: https://www.instagram.com/mcfirstnation/
29		Challenges in health equity for Indigenous peoples in Canada: https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)30177-6/fulltext	76		City of Hamilton's Urban Indigenous Strategy: https://www.hamilton.ca/sites/default/files/media/browser/2019-07-29/the-urban-indigenous-strategy-report-2019.pdf
30		Indigenous Land Rights and Reconciliation podcast on Spotify: https://open.spotify.com/show/0Zeqn9nvlOQMFTwzfxvBzw	77		National Indigenous Cultural Safety Collaborative Learning Series webinars: https://www.icscollaborative.com/webinars
31		The Halluci Nation – Performance for Missing and Murdered Indigenous Women: https://www.youtube.com/watch?v=q_vqlZJofo0	78		Arnold Jacobs: http://www.twoturtle.ca/
32		United Nations State of the World's Indigenous People Report: https://www.un.org/development/desa/indigenouspeoples/publications/state-of-the-worlds-indigenous-peoples.html	79		HHS Indigenous Signs of Welcome and Makayla's Room: https://www.hamiltonhealthsciences.ca/patients-visitors/while-youre-here/patient-and-family-services/indigenous-care-services/
33		Indigenous Action podcast on Spotify: https://open.spotify.com/show/2RIVoMJvjKginbyd4KPQJ4	80		First Nations Principles of OCAP (Ownership, Control, Access and Possession): https://fnigc.ca/what-we-do/education-and-training/workshops/ Please note: launch in Google Chrome, not Internet Explorer
34		San'yas Indigenous Cultural Safety (ICS) Training: https://www.sanyas.ca/training/ontario/ics-enhanced-health	81		Indigenous Social Media Content Creators: https://www.cbc.ca/news/canada/manitoba/community/mb-national-indigenous-history-month-2021-1.6056671
35		<i>Hope Matters</i> by Lee Maracle: https://hpl.bibliocommons.com/v2/record/S125C490112	82		Dish With One Spoon Wampum: https://nandogikendan.com/dish-with-one-spoon/
36		Celeigh Cardinal – Ahead By A Century: https://www.youtube.com/watch?v=6wSWUXgXkg8	83		<i>A Knock on the Door: the Essential History of Residential Schools from the Truth and Reconciliation Commission of Canada</i> : https://hpl.bibliocommons.com/v2/record/S125C331596
37		How to talk to children and youth about residential schools: https://indiginews.com/okanagan/how-to-talk-to-children-about-residential-schools	84		Leah Dorian: https://www.leahdorian.ca/

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38		<i>This Place – 150 Years Retold</i> by Kateri Akiwenzie-Damm: https://hpl.bibliocommons.com/v2/record/S125C487765	85		Grandmother's Voice YouTube Playlist: https://www.youtube.com/channel/UCLJVik0fM6VI0AQ5OR3TOFw
39		De dwa de dehs nye>s Aboriginal Health Centre: https://aboriginalhealthcentre.com/	86		Santee Smith https://www.kahawidance.org/the-mush-hole
40		<i>When We Were Alone</i> by David Robertson: https://hpl.bibliocommons.com/v2/record/S125C381630	87		Ontario First Nations Maps: https://www.ontario.ca/page/ontario-first-nations-maps
41		Hidden Burdens: A Review of Intergenerational, Historical and Complex Trauma, Implications for Indigenous Families: https://link.springer.com/article/10.1007/s40653-016-0117-9	88		First Peoples, Second Class Treatment: https://www.wellesleyinstitute.com/wp-content/uploads/2015/02/Summary-First-Peoples-Second-Class-Treatment-Final.pdf
42		Indigenous Nations across North America: https://native-land.ca/	89		Assembly of First Nations Learning Module – Residential Schools: https://education.afn.ca/afntoolkit/learning-module/residential-schools/
43		Treating Root Causes, Not Symptoms: https://dialogue.cpso.on.ca/2020/12/treating-root-causes-not-symptoms/	90		Haudenosaunee Health Services podcast on Spotify: https://open.spotify.com/show/2qgnmZNP3z6dx6src8ORo2
44		@cbcindigenous - CBC featuring Indigenous peoples across Canada: https://www.instagram.com/cbcindigenous/?hl=en	91		<i>Seven Fallen Feathers: Racism, Death and Hard Truths in a Northern City</i> by Tanya Talaga: https://hpl.bibliocommons.com/v2/record/S125C409737
45		Totem poles: https://indigenousfoundations.arts.ubc.ca/totem_poles/	92		Truth and Reconciliation Final Report including Calls to Action: http://caid.ca/TRCFinExeSum2015.pdf
46		Cancer Care Ontario Indigenous Relationship and Cultural Safety Courses: https://www.cancercareontario.ca/en/resources-first-nations-inuit-metis/first-nations-inuit-metis-courses	94		Orange Shirt Day: https://www.orangeshirtday.org/
47		Moccasin Project: https://www.sotheycangohome.com/	94		Woodland Cultural Centre: https://woodlandculturalcentre.ca/the-campaign/

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